



101 Things to Get Rid Of

- Clothes that don't fit
- Clothes that are torn or stained
- Clothes that aren't flattering
- That clothing item you bought but never wear
- Extra hangers
- Undergarments that don't fit, are stained, etc.
- Accessories you haven't worn in 6 months
- Old nail polish
- Socks without a mate
- Shoes that don't fit, are worn out, stained, etc.
- Gloves without a mate
- Cracked or never worn belts
- Unused or broken hair ties
- Old/never worn hats
- Free/promotional t shirts
- Scarves you don't wear
- Old bedsheets
- Old/stained pillows
- Books you have read and won't read again
- Books you have never read
- Old makeup
- Travel sized toiletries
- Perfumes and lotions, you don't wear/are old
- Old toothbrushes
- Shampoo you aren't using
- Old towels
- Hair Products you aren't using
- Baby items they have grown out of
- Baby items you didn't like using
- Old/broken toys
- Toys that aren't played with
- Pens that don't work
- Half-finished craft projects
- Craft supplies you haven't use in a year
- Games with missing or broken pieces
- Greeting and Birthday Cards that were you
- Gift bags to reuse that aren't in good shape
- Wrapping Paper Scraps
- Notes you kept from school
- Chargers for old phones
- Old phones
- Old phones cases
- Random cords you don't use
- Old tables, computers, etc.
- Manuals that you can look up online
- Old CD's (or all CDs)
- Extra purses
- Extra totes/bags
- Extra mugs
- Extra sunglasses (or other glasses you may have)
- Old food in the refrigerator
- Expired food from the pantry
- Old Food in the freezer
- Tea/coffee you never drink
- Recipe Books
- Dirty Sponges
- Worn out kitchen towels
- Food you haven't eaten and won't eat
- Broken/chipped dishes
- Duplicate items
- Herbs/Spices you don't use



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- Specialty Kitchen Items not used in a year
- Art work you don't like
- Decor/Knick knacks that you don't like
- DVDs you don't watch
- Old video games
- Old video game consoles
- Old Computer games
- Duplicates of tools
- Broken Tools
- Tools you don't use and/or could easily borrow
- Items in storage you never look at
- Unfinished projects
- Cans of paint that you no longer need
- Memorabilia that means nothing to you
- Old medicine and vitamins
- Old receipts
- Duplicate/bad photos
- Paperwork you don't need to file away
- Dead plants/flowers
- Cleaning products you don't use
- Furniture that isn't necessary
- Old candles
- Take out menus
- Take loose change to the bank
- Old boxes and packaging
- Workout equipment you don't use
- Magazines
- Old pet toys
- Unused vases
- Old shopping bags
- Broken Christmas Ornaments
- Old car chargers
- Trash in your car
- Loose change in your car
- Give back borrowed items
- VHS you can't watch
- Audio tapes you can't listen to
- Switch bills to paperless billing
- Old keys
- Expired gift cards or gift cards you aren't using